NET KIDS SCRIPT
(Introducing the Bible Story—Lesson 1)

Ulla: What do you want to be when you grow up?

Ivan: My aunt always asks me the same question.

Tendai: Adults love asking that question.

Ivan: Why are you asking? Is this a school project?

Ulla: Yes. A paper. I can’t make up my mind. Yesterday I wanted to be a brain surgeon. Today I want to be a chemistry teacher. Tomorrow . . .

Tendai: . . . it will be a veterinarian.

Ulla: Hey! That’s a good idea, Tendai! What made you think of that?

Tendai: It was easy. I know you like science and animals.

Ivan: I want to build computers that make it easier for people with disabilities to communicate. What about you, Tendai?

Tendai: I have lots of ministers in my family. I want to be one and baptize more people than all of them!

Ulla: You two have such great dreams for your future!

Ivan: And you can, too, Ulla.

Tendai: Ask God, Ulla. As long as you want to serve others, He’ll give you the wisdom to decide.

Ivan: Spoken like a real preacher.

Ulla: Check with me next week, guys. I may find a way to do all of them!
LESSON 2

NET KIDS SCRIPT
(Introducing the Bible Story—Lesson 2)

Tendai: Have you been studying the Sabbath School lessons about Solomon?

Darren: Yeah, he was a fair-dinkum, bonza bloke.

Ana: Whaaaaat?

Tendai: He’s speaking Australian again. I know “bloke” means “man.”

Ana: Darren, don’t forget you’re talking to foreigners here!

Darren: OK. “Fair dinkum” means “real” or “genuine.” “Bonza” means “great.”

Tendai: So I could say Proverbs is fair dinkum?

Darren: Yeah, mate, that’d be the way to say it.

Ana: I was reading some bonza verses in Proverbs this morning.

Tendai: Which ones?


Darren: Good advice. How about “Can a man scoop fire into his lap without his clothes being burned?” (Proverbs 6:27).

Tendai: In Proverbs?

Ana: Some of them are kind of funny.

Darren: Like “Go to the ant, you sluggard” (Proverbs 6:6).

Tendai: Or the one about a nagging woman being like a dripping tap (Proverbs 19:13).

Darren: Or sending her husband to the roof of the house or the desert (Proverbs 21:9, 19).

Ana: I knew you guys would bring up those! There are more about annoying men! (Proverbs 6:32; 26:16).

Darren: Oops! Missed those!

Tendai: I’m going to post a different proverb in my tagline each day from now on.

LESSON 2

Door Hangers
(Sharing the Lesson—Lesson 2)
LESSON 3

NET KIDS SCRIPT
(Introducing the Bible Story—Lesson 3)

Emiko: It's not fair!

Ivan: Emiko, what's not fair?

Emiko: The girls in my class are having a slumber party.

Tendai: Let me guess . . . they didn't invite you?

Emiko: Right . . . they let me know I wasn't welcome.

Ivan: Why would they do that?

Emiko: They didn't say, but I suspect it's because I'm the only Christian at school.

Tendai: It's hard not to be included.

Emiko: Very hard! Tendai, you sound like you've had the same thing happen.

Tendai: Yes, I have. Even though I can't be legally excluded because of my color, there are still some places I'm not welcome.

Ivan: Now, that's very unfair! When will people realize that we're all the same underneath?
Prayer Calendar
(Sharing the Lesson—Lesson 3)

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SABBATH</th>
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</table>
### LESSON 5

#### NET KIDS SCRIPT
(Introducing the Bible Story—Lesson 5)

<table>
<thead>
<tr>
<th>Ulla:</th>
<th>Ivan, what’s black and white and red all over?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ivan:</td>
<td>I don’t know.</td>
</tr>
<tr>
<td>Ulla:</td>
<td>A newspaper!</td>
</tr>
<tr>
<td>Tendai:</td>
<td>Shouldn’t that be R-E-A-D all over?</td>
</tr>
<tr>
<td>Ulla:</td>
<td>That would be too easy. Did you get it, Ivan?</td>
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<tr>
<td>Ivan:</td>
<td>Yes. Sorry, Ulla. I’ve heard it before.</td>
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<tr>
<td>Emiko:</td>
<td>It’s an old riddle. I’ve heard that one too. Make up one for us, Ulla.</td>
</tr>
<tr>
<td>Ulla:</td>
<td>I don’t think I could.</td>
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<tr>
<td>Tendai:</td>
<td>Solomon prayed for wisdom. Maybe you could pray to be more clever.</td>
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<tr>
<td>Emiko:</td>
<td>Even if you couldn’t make up riddles, you could get better marks in school.</td>
</tr>
<tr>
<td>Tendai:</td>
<td>And become a famous scientist.</td>
</tr>
<tr>
<td>Ivan:</td>
<td>And discover a cure for cancer.</td>
</tr>
<tr>
<td>Emiko:</td>
<td>And think of creative ways to tell others about God.</td>
</tr>
<tr>
<td>Tendai:</td>
<td>You may get other bonuses as well.</td>
</tr>
<tr>
<td>Ulla:</td>
<td>Such as being wise like Solomon? Great idea!</td>
</tr>
</tbody>
</table>
C is for Choices.
You may not always see the end from the beginning, but your choices always de-
termine your destiny. Healthy choices bring positive effects to you. Unhealthy choices
weaken you and hurt everyone around you. Celebrate the freedom to make healthy
choices—it is your tool to open all the other good gifts of health.

E is for Exercise.
There are many gifts within this one—such as energy, endurance, flexibility, strength,
firm body, glowing complexion, mental health, self-confidence, and better resistance to
sickness. Celebrate with this stimulating gift of exercise to improve your health and ability
to enjoy life.

L is for Liquids.
Every body cell, tissue, and organ needs water to function. Water helps regulate body
temperature, transport nutrients and oxygen to the cells, and remove wastes. Start your day
with an invigorating splash of cool water. Pamper yourself with a warm bath for cleanliness,
relaxation, and healing every day. Celebrate the gift of water.

E is for Environment.
Throughout history civilizations could flourish only where there was a good climate
with rich soil, and pure water. Without clean air, atmosphere, soil, and water the human
race cannot survive. Celebrate the gift of a life-giving environment and do all you can to
restore and protect it.

B is for Belief.
Belief in God as your Creator and Sustainer is a strong reason to worship Him for the
gifts of health He has provided for you. Faith itself is a gift. Faith can empower you to
overcome stress and destructive habits. Belief can give you peace of mind and enable you
to reach your full potential through positive choices. Celebrate belief—the gift that sus-
tains.

R is for Rest.
The need to relax is greatest when there doesn’t seem to be time for it! Rest comes in
different packages—periodic breaks, a restful night’s sleep, and a Sabbath day of rest. For
peak efficiency, mental health, and abundant energy, don’t skip any of them! Celebrate
the refreshing gift of rest.

A is for Air.
For mental and physical activity, the cells in the brain and body must have abundant
oxygen. When air quality allows, open your windows or go outside to enjoy energizing
early morning walks. Receive the invigorating gift of the freshest air you can get—in the
countryside, at the seashore, or on the mountains as often as possible. Have fun! Celebrate
life in the fresh air.
T is for Temperance.
Self-control is necessary to avoid health-destroying behaviors. Alcohol, tobacco, and other drugs are enticing because they are promoted as fun, stimulating, and a release from stress and pain. But, in place of chemical depressants and stimulants, get your relaxation from sunlight, water, and rest. Celebrate temperance as a safeguard of purity, and toast your drug-free life with fruit juice.

I is for Integrity.
It’s easy to deny the harm of health-destroying behaviors. We need to learn to be honest with ourselves in order to avoid such self-defeating denial. We must also be honest with others to gain their trust and develop good relationships. Celebrate integrity and social connections for their contribution to your mental, physical, and spiritual health.

O is for Optimism.
Optimism is built on hope and trust that things will work out for the best. Optimism is the face of faith that brightens the life of others by helping them celebrate the silver lining in dark clouds. An optimistic outlook allows us to laugh, and laughter is powerful medicine. Celebrate each day to preserve your sanity and life!

N is for Nutrition.
In every meal you can celebrate the health-giving, whole-grain, crusty breads and grains and rich, colorful fruits and vegetables. Enjoy crunchy nuts and seeds and satisfying legumes (beans, peas, and lentils) seasoned with exotic herbs. At every meal think festival! Think celebration!

S is for Stewardship.
A steward is a manager, not an owner. People who claim “It’s my body, so it’s nobody’s business but mine how I use it” fail to recognize that everyone pays a price for poor health choices. We are each given only one healthy body. Good health is a gift from God, and if preserved and invested, it will increase; but if wasted, it is lost forever. Invest in a healthy future by accepting and praising God for His gifts that preserve good health.

Indulge in these good things! Enjoy them! Be thankful!

(Adapted from Fill Your Life With CELEBRATIONS! [Hagerstown, Md.: Health Connection, 2000]. Used by permission.)
The Choice
(Experiencing the Story—Lesson 6)

Characters:
Daniel
Will-to-Do-Right (known as Right)
Will-to-Go-the-Easy-Way (known as Easy)

Daniel: Uh-oh. I've got a decision to make. The king has graciously offered food from his table for us, but look at it! Unclean meats and wine. My mother never fed us anything like that.

Right: That is not the kind of food my brain and body need to keep me feeling good and doing my best. I'd better not eat it.

Easy: Oh, but what a bother. I'd have to ask for something else to eat, and that may get me in trouble.

Right: Yeah, but how can I eat that unhealthful stuff and still study and think clearly? Besides, I think I'd gag.

Easy: Man, I don't want to cause any trouble. It's not going to kill me right away to eat this—for just a little while.

Right: How long is a little while? I could end up eating this way for years.

Easy: I'm not in Judah anymore. I've had so many changes in my life already. Maybe I just need to learn to eat different foods. Mom isn't here telling me I shouldn't.

Right: No, she's not. But she did teach me how God made my body and mind to function best. She taught me that how I care for my health affects everything I do. I need to keep my mind clear. I still want to follow and glorify God even though I am not living in Judah or with my family.

Easy: Nobody will care whether I eat the king's food or not. Nobody's watching me.

Right: Or maybe God is giving me the chance to be a good example and to show the people here a better way.

Daniel: OK, that does it. I'm going to ask to be able to eat the fruit, vegetables, grains, and nuts that God made for eating. And water—have to have water! I wonder if they know how to cook vegetables so they don't get all mushy. I miss Mom's cooking already!
Dear God,

Thanks so much for letting me share the good news of Your kingdom of peace, the Beautiful Land. The main thing I like sharing with others is:

I want them all to know:

I could use help with:

What I hope to accomplish this week as your ambassador is:

Thanks for being there for us to trust and lean on, instead of the fortresses and powers of this world.

Sincerely,

Ambassador________________________________________