Wired for One Another

Have you ever felt as though your brain has been emptied of everything in it? That sometimes happens when we are embarrassed, angry, or afraid. Why do you think that is? This week we will try to find out.

Sheila stumbled into class and dumped her things into the basket under her seat. As the bell rang, she plopped into her chair, panting. Students rushing to class had knocked her books and papers out of her arms and trampled on them. No one had tried to help.

“Sheila,” Mrs. Rubin, the seventh-grade English teacher, said, “please diagram the sentence on the board.”

Sheila felt as if everyone could hear her heart pounding as she slowly walked to the board. Her hand shook as she picked up the chalk. Then it refused to move. Her mind went blank.

“We’re waiting, Sheila,” Mrs. Rubin reminded. Then she said, “You may sit down. I’ll ask someone else.”

Sheila felt as if she were suffocating. Her face burned. She couldn’t breathe. She couldn’t hear. Her eyes blurred with tears that refused to fall. She stumbled back to her desk in a daze and slumped down, still clutching the chalk. She missed everything Mrs. Rubin said and failed the quiz that followed.

Like a television, stereo, or computer, humans are “wired for sight and sound.” Unlike these electronic devices, however, we are also wired for emotions. Our emotions are interconnected with our brains. When we get excited or upset about something, the brain says, “I’ve got to remember this.”
We were created to be social beings. We were designed to communicate in positive ways. That’s why babies whose parents play with, cuddle, and talk to them a lot grow and learn quickly. Those who are neglected or abused usually don’t. If you study with a group in which you share ideas and projects, you’ll probably remember more than if you study alone.

The brain and the body are one. What happens to one happens to the other. Think about the times you have done poorly on a test, gotten into an argument in class, or forgotten everything you heard. Ask yourself some questions: Did I drink enough (or any) water? Did I eat a healthy meal? Did I exercise? Did I go to bed on time? Say yes to all and see if it makes a difference.

The brain remembers the things that you have done and experienced. Think of a recent memorable learning experience. What did you do? How did you feel? What did you learn? Could you explain it to someone else? Why do you think that is? God designed us so that the more ways information gets to our brains, the more we understand and remember it.

Genesis 1:26, 27 and 2:7 read, “Then God said, ‘Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground.’

“So God created mankind in his own image, in the image of God he created them; male and female he created them.”
“Then the LORD God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.”

What does it mean to be created in the image of God?
Wednesday

**READ** Read Psalm 139:13-16.

**ASK** Ask an adult about the day you were born.

**LOOK** Look at your birth certificate, baby pictures, or old baby clothes.

**CREATE** Continue working on your worship project.

**REVIEW** Review the power text.

**PRAY** Thank God for your parents.

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Thursday

**READ** Read Psalm 139:17, 18.

**THINK** Did you ever try to count the grains of sand (or salt or sugar) in a teaspoonful? If it seems impossible to count even a teaspoonful of grains of sand, how much more impossible to count God’s thoughts of love for you.

**REVIEW** Review the power text.

**PRAY** Pray for as many people as you can think of within the next five minutes.

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Friday

**READ** Take turns reading Genesis 1:26, 27; 2:7; and Psalm 139:1-18.

**SHARE** Discuss the texts with your family members.

**SING** Sing or play praise songs together.

**REPLAY** Say the power text aloud by memory.

**PRESENT** Present to your family the art project, or the poem, or the rewritten verse, or the song, that you created on Tuesday.

**PRAY** Pray together as a family, thanking God for “wiring” you for one another.

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It means that God created us with the ability to love and think, as well as to make moral choices. It means that we are “wired” to do all these things in relationship to God and others. For example, notice that God says in Genesis 1, “Let us make mankind in our image, in our likeness.” The *us* He is referring to is what we call the Godhead: the Father, the Son, the Holy Spirit—three Persons in one.
Even though they work as a unit, they also have specific roles.

Think for example of a shoe company. Each employee does a specific job: one makes the shoe soles, another makes the upper parts, another puts the parts together, another sells the shoes to shoe stores, but all are needed to make up the company. They have one purpose—to work together to sell shoes.

The Godhead works together to guide us as we live and work, study and play with one another. Why do you think God said (in Genesis 2:18) that it is not good for people to be alone? Because He created us to experience the joy that comes when we love God and others, and live in harmony with one another.
1. Who is the only woman of the Bible whose exact age is given?

2. Where were the disciples first called Christians?

3. What color was the cloth draped over the ark of the testimony?

4. What character in the Bible was set free instead of Jesus?

5. Who was Simon Peter’s brother?

6. The book of Isaiah has as many chapters as there are books in the Bible. True or false?

7. Whom did Jesus refer to as “that fox”?

8. The first letter of each of the above answers spells out the day that we are to remember and keep holy. What day is it?