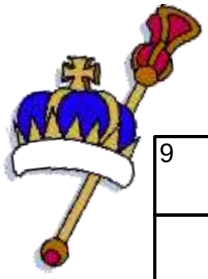
Lesson 06 Eat, Drink, & Be Healthy

Year D – 4th Quarter

Power Point

We honor God when we take care of our health.

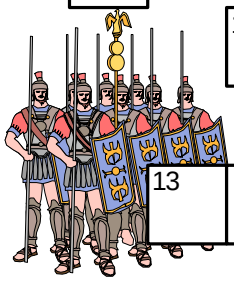
FTWTF means: Find The Word That Fits

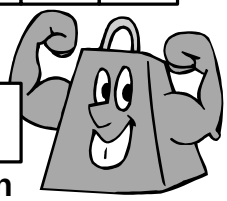


Power Text

"So whether you eat or drink or whatever you do, do it all for the glory of God"
1 Corinthians 10:31

Can't find an answer? Check your Guide or quarterly!





Across

1. Daniel was just a teenager, & already he'd had a hard life. Jerusalem, his beautiful home, had been attacked & besieged by an army from a heathen country until the king of ____ surrendered.
4. The king's table was covered with food a ____ boy would never eat. "But Daniel resolved not to defile himself with the royal food & wine, & he asked the chief official for permission not to defile himself this way" (Daniel 1:8).
5. Choosing what to eat may not seem like the most important battle to fight when one is a ____ in a heathen country. But these boys had promised to be faithful to God, & that extended into all areas of their lives.
10. When they were presented to ____, the king "found none equal to Daniel, Hananiah, Mishael & Azariah. … In every matter of wisdom & understanding about which the king questioned them, he found them ten times better than all the magicians & enchanters in his whole kingdom" (verses 19, 20).
11. Little did he know that eating the way Daniel was asking to would keep him looking good & ____ & healthy.
12. FTWTF - Power Point
13. [Monday's lesson] Read Daniel 1:3-5. Daniel came from the ____ family. Find a text that says you are part of God's ____ family.

Down

2. Just as Daniel did, we can choose to glorify Him in everything we do-whether we eat or drink, ____ or sleep, breathe fresh air or trust in God.
3. [Thursday's lesson] Read Daniel 1:15-21. ____ one of God's promises to those who are tempted (1 Corinthians 10:13).
6. FTWTF - Power Text
7. They'd gone from being those with the brightest futures in their country to prisoners. But the fact that God had given them good health & lots of natural ability was not unnoticed in ____.
8. The king & the royal family, the leading men of the land, & all the ____, craftsmen, & artists were taken prisoner. Daniel & three of his friends were among those taken captive & probably forced to march the 600 or more miles to Babylon.
9. FTWTF - Title

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