


# Guarding the Gates

## LESSON 2



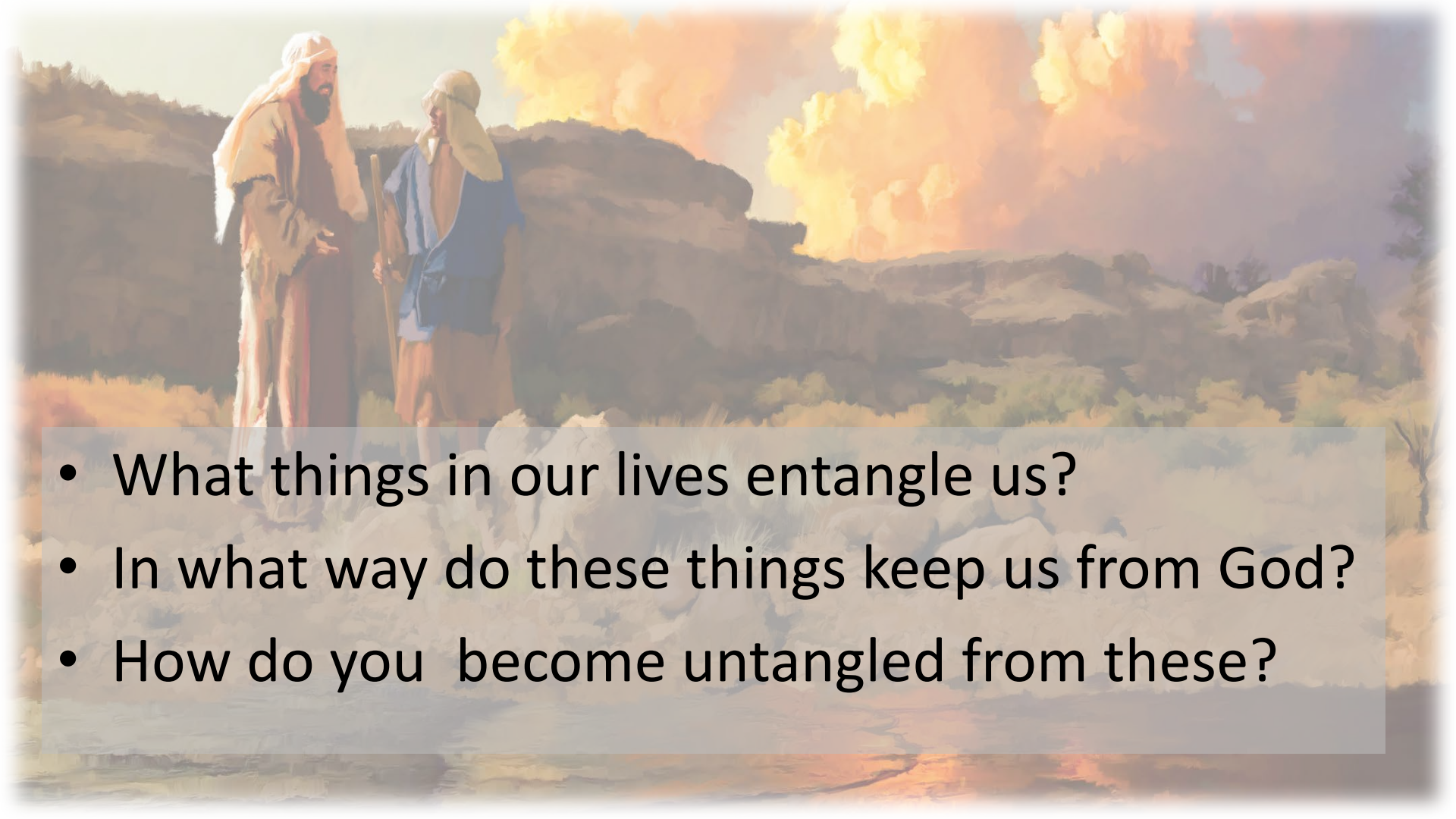
# Your Response to the Lesson

A painting depicting two men in a desert landscape. The man on the left is older, with a long white beard and hair, wearing a brown robe and a white head covering. The man on the right is younger, wearing a blue tunic and a white head covering, and holding a wooden staff. They are standing on a rocky outcrop. In the background, there are rolling hills and a large, glowing, fiery cloud in the sky, suggesting a dramatic or divine event. The overall scene is bathed in warm, golden light.

What was most interesting in the Bible story?  
What activity was most enjoyable?  
What new things did you learn?


## Activity A

# The Human Knot

- 
- What things in our lives entangle us?
  - In what way do these things keep us from God?
  - How do you become untangled from these?

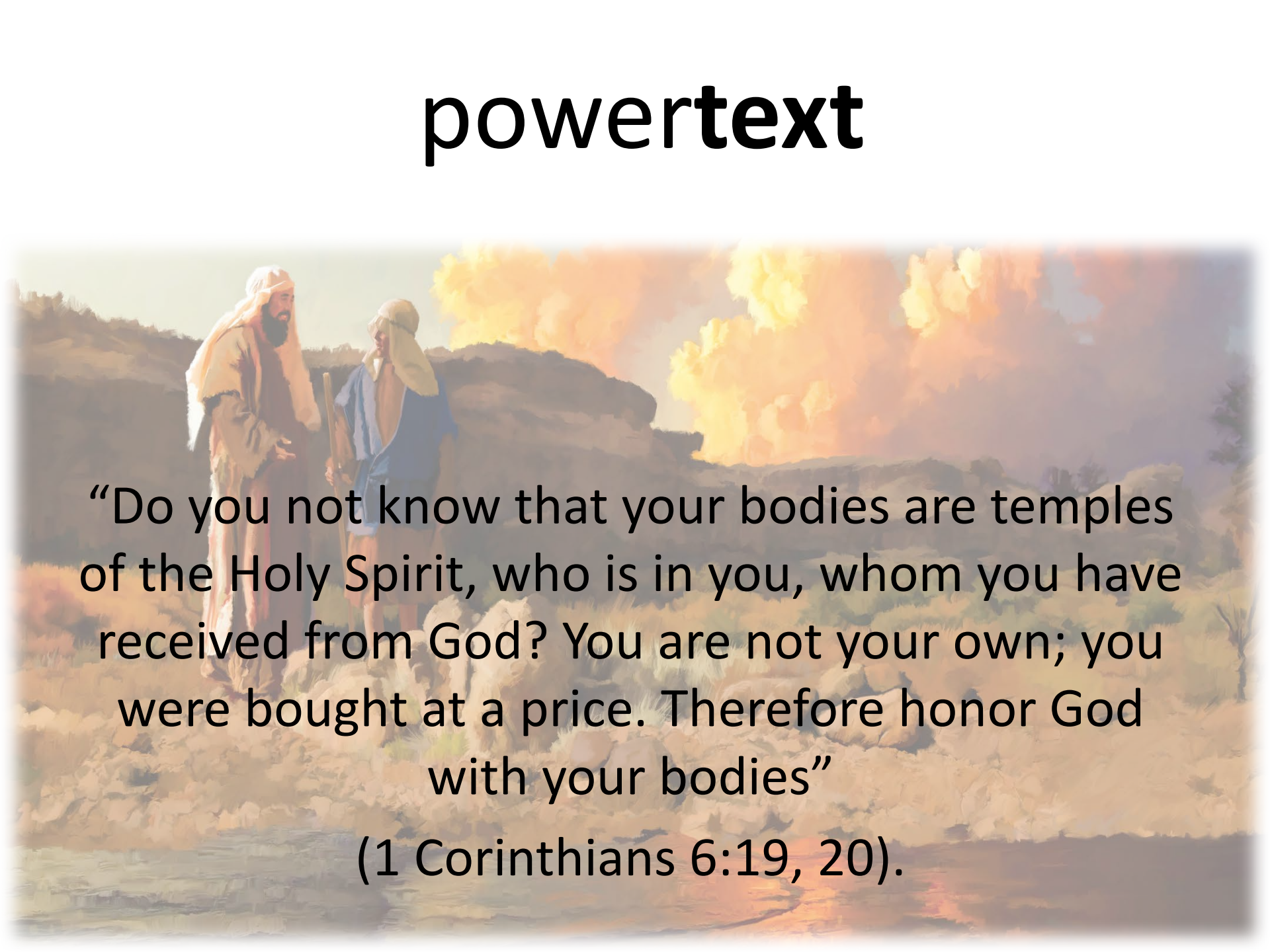
## Activity B

# Someone Says

A painting depicting two men in a desert landscape. The man on the left is older, with a long white beard and hair, wearing a brown robe and a white shawl. The man on the right is younger, wearing a blue tunic and a brown skirt, holding a wooden staff. They are standing on a rocky outcrop. In the background, there are rolling hills and a large, active volcano with a bright orange and yellow plume of smoke or ash rising into a hazy sky. The foreground shows a body of water reflecting the scene.

What are some habits that people want to change?  
What are some ways to making the change?


# powertext

A painting depicting two men in a desert landscape. The man on the left is older, with a long white beard and hair, wearing a brown robe and a white head covering. He is gesturing with his right hand. The man on the right is younger, wearing a blue robe and a white head covering, and is holding a wooden staff. They are standing on a rocky path. The background shows a vast, hazy desert with rolling hills and a bright, cloudy sky with a warm, golden light. The overall style is that of a classical religious painting.

“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies”

(1 Corinthians 6:19, 20).


# POWERPOINT

A painting depicting two men in a desert landscape. The man on the left is wearing a brown robe and a white head covering, and the man on the right is wearing a blue robe and a white head covering. They are standing on a rocky bank next to a body of water. In the background, there are mountains and a large, glowing, fiery cloud in the sky. The text "We respond to God's love when we dedicate ourselves entirely to Him." is overlaid on the image.

We respond to God's love when we dedicate ourselves entirely to Him.

PRAYER AND PRAISE

# How Was Your Week?

A painting depicting two men in ancient, rugged clothing standing on a rocky bank next to a river. The man on the left is taller, with a long beard and a white head covering, wearing a brown robe. The man on the right is shorter, wearing a blue tunic and a white head covering, holding a wooden staff. The background features a dramatic sky with large, billowing clouds in shades of orange, yellow, and red, suggesting a sunset or sunrise. The landscape is rocky and sparsely vegetated with dry grasses and small shrubs.

Good things?  
Challenges?  
Special events?

# Songs



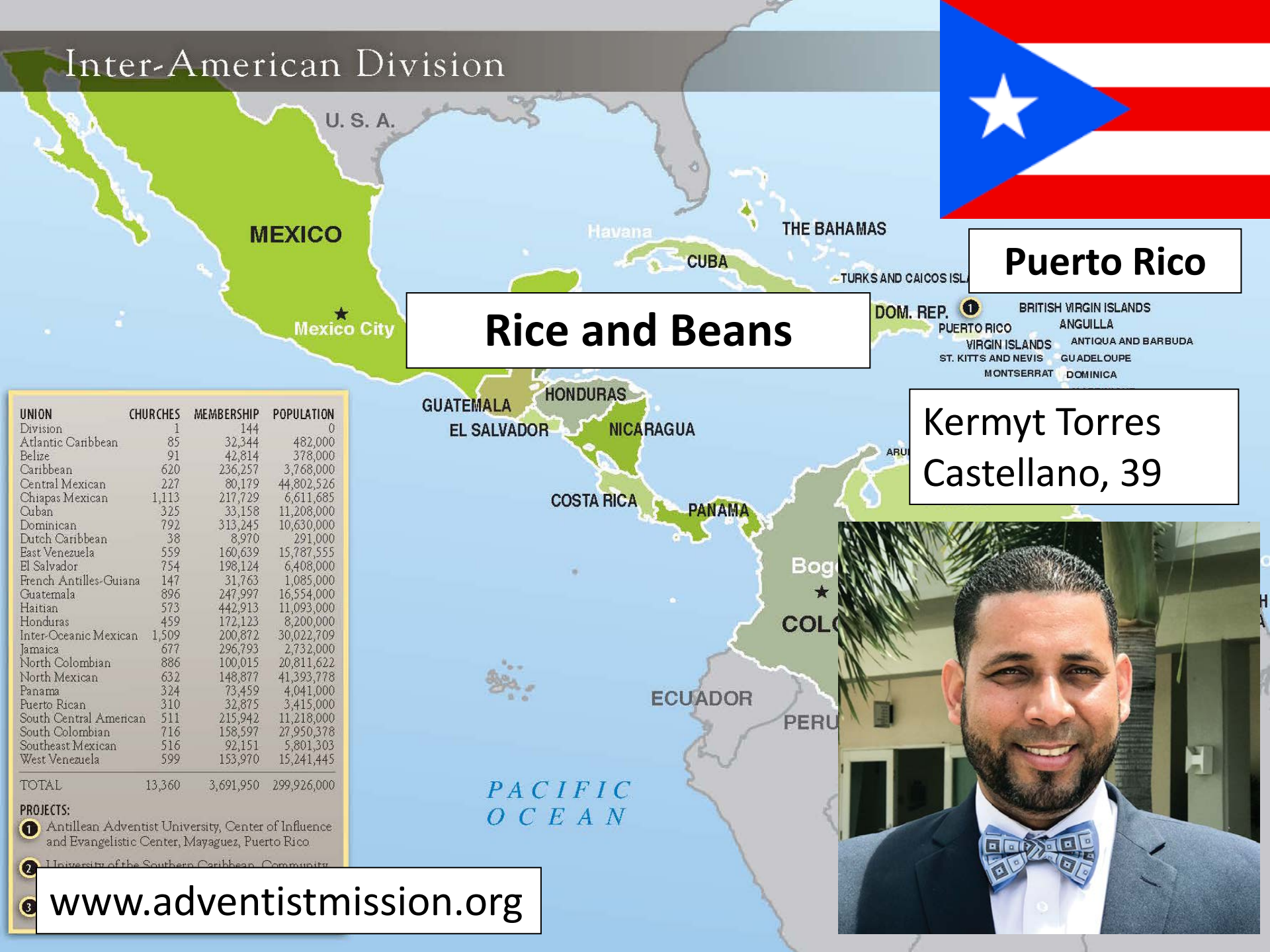
“I’m Gonna Sing” (*He Is Our Song*, no. 10)

“Make Me a Servant” (*He Is Our Song*, no. 126)

“Seek Ye First” (*He Is Our Song*, no. 83)



# Inter-American Division



## Rice and Beans

## Puerto Rico

## Kermyt Torres Castellano, 39



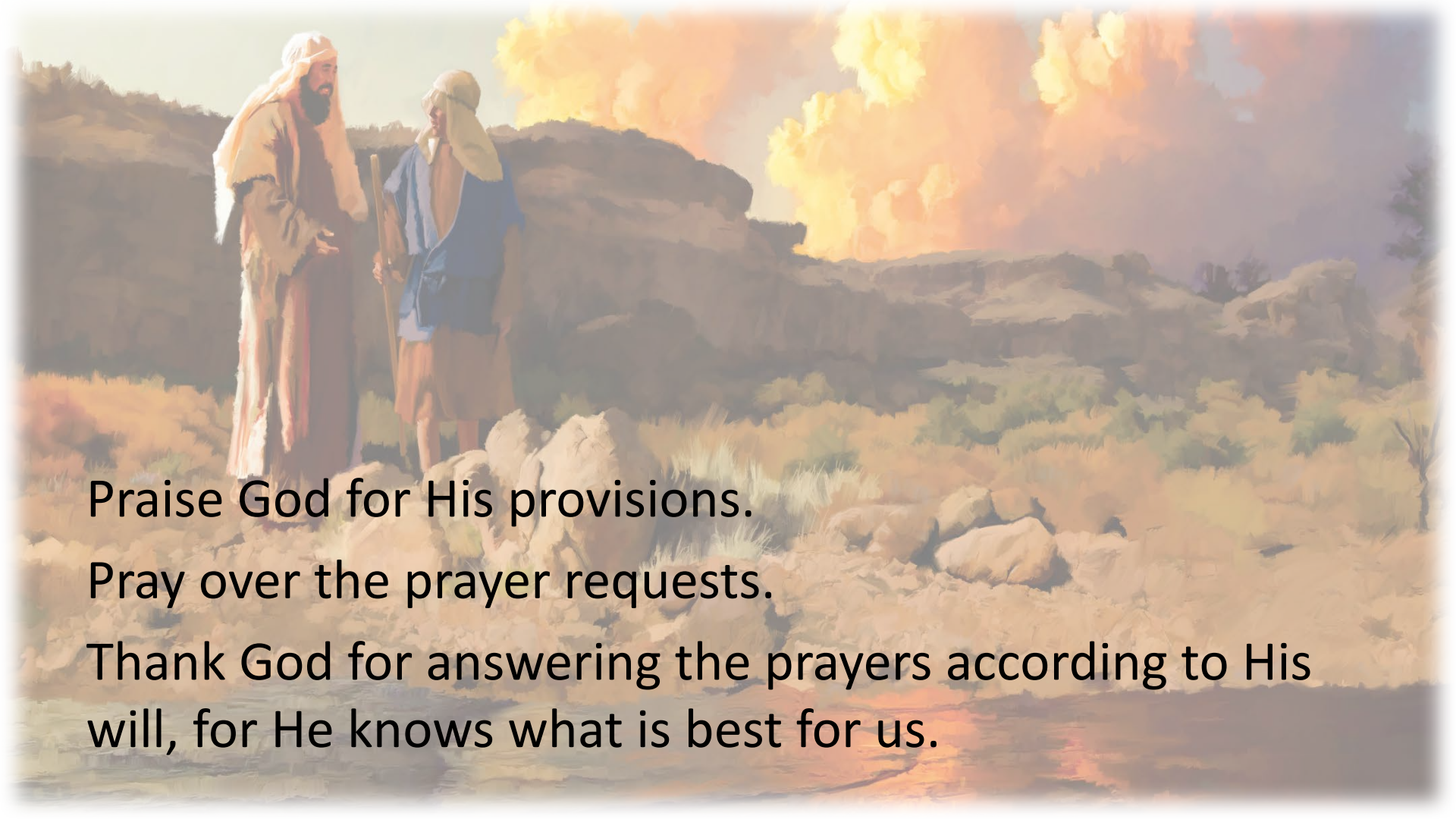
UNION	CHURCHES	MEMBERSHIP	POPULATION
Division	1	144	0
Atlantic Caribbean	85	32,344	482,000
Belize	91	42,814	378,000
Caribbean	620	236,257	3,768,000
Central Mexican	227	80,179	44,802,526
Chiapas Mexican	1,113	217,729	6,611,685
Cuban	325	33,158	11,208,000
Dominican	792	313,245	10,630,000
Dutch Caribbean	38	8,970	291,000
East Venezuela	559	160,639	15,787,555
El Salvador	754	198,124	6,408,000
French Antilles-Guiana	147	31,763	1,085,000
Guatemala	896	247,997	16,554,000
Haitian	573	442,913	11,093,000
Honduras	459	172,123	8,200,000
Inter-Oceanic Mexican	1,509	200,872	30,022,709
Jamaica	677	296,793	2,732,000
North Colombian	886	100,015	20,811,622
North Mexican	632	148,877	41,393,778
Panama	324	73,459	4,041,000
Puerto Rican	310	32,875	3,415,000
South Central American	511	215,942	11,218,000
South Colombian	716	158,597	27,950,378
Southeast Mexican	516	92,151	5,801,303
West Venezuela	599	153,970	15,241,445
<b>TOTAL</b>	<b>13,360</b>	<b>3,691,950</b>	<b>299,926,000</b>

- PROJECTS:**
- ① Antillean Adventist University, Center of Influence and Evangelistic Center, Mayaguez, Puerto Rico
  - ② University of the Southern Caribbean, Community

[www.adventistmission.org](http://www.adventistmission.org)

PRAYER AND PRAISE

# Prayer Time

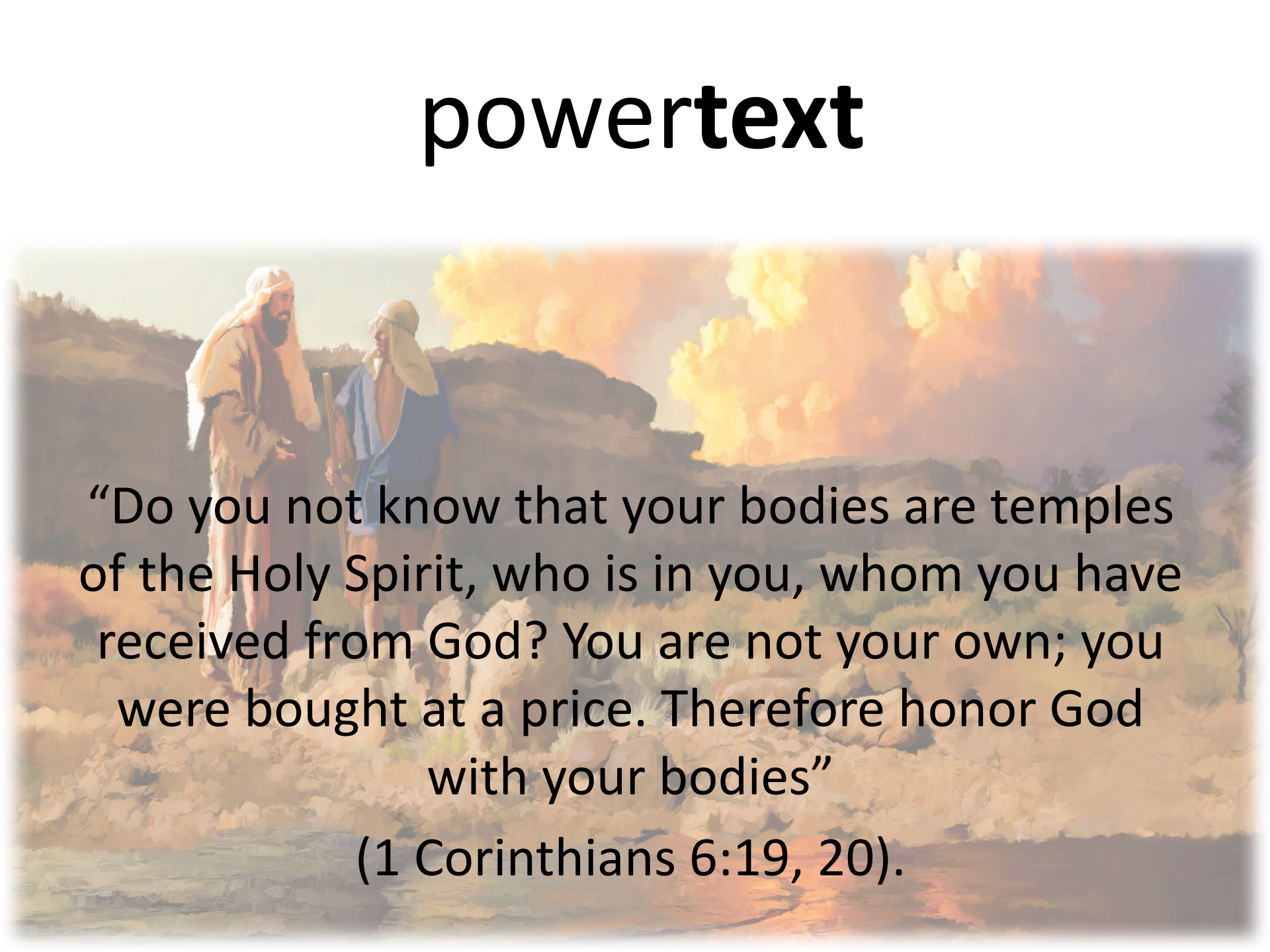


Praise God for His provisions.

Pray over the prayer requests.

Thank God for answering the prayers according to His will, for He knows what is best for us.

# powertext

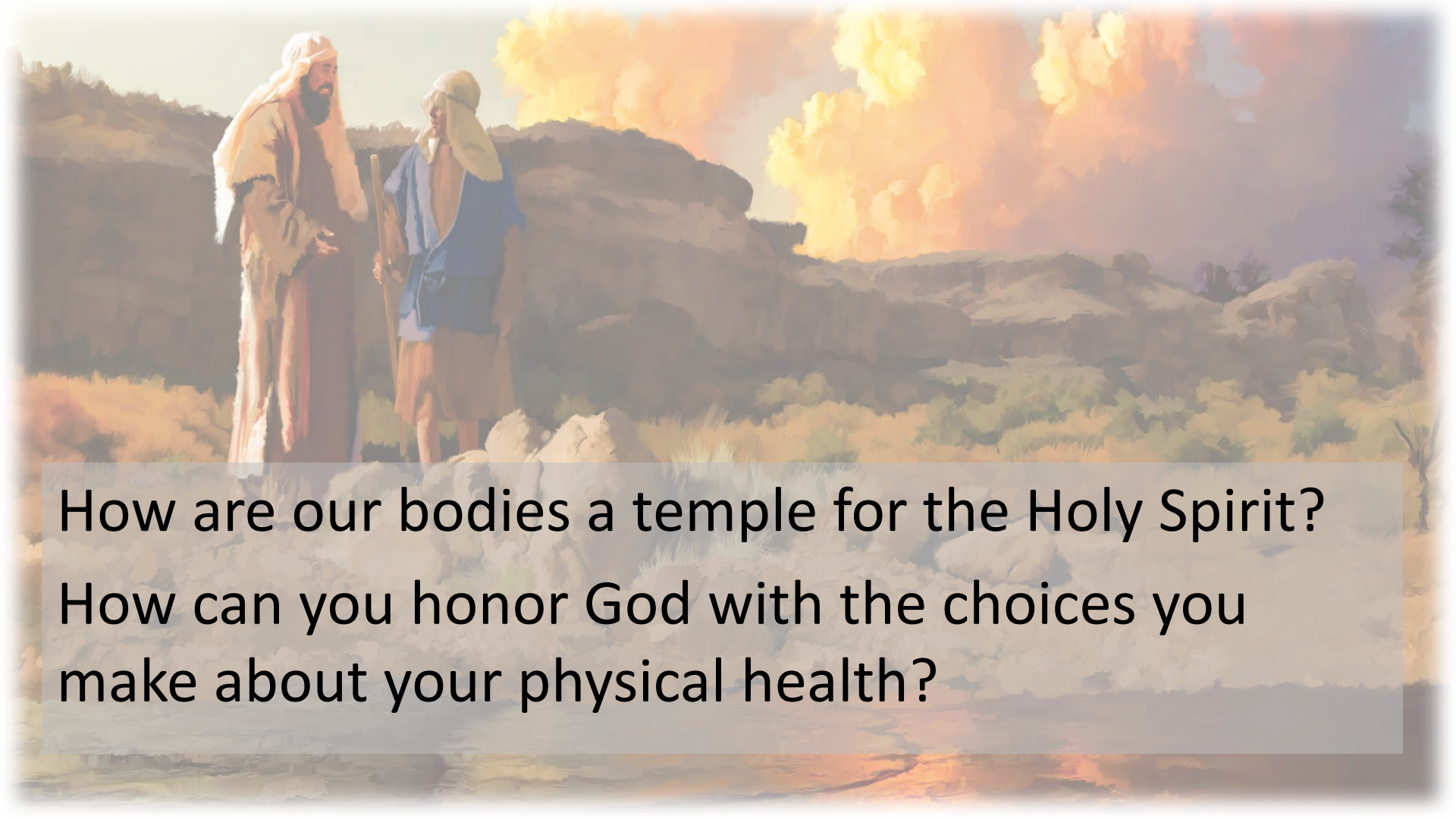
A painting depicting two men in a desert landscape. The man on the left is older, with a long white beard and hair, wearing a brown robe and a white head covering. He is gesturing with his right hand. The man on the right is younger, wearing a blue robe and a white head covering, and is holding a wooden staff. They are standing on a rocky path. The background shows a vast desert with rolling hills and a bright, hazy sky with large, glowing yellow and orange clouds. The overall style is reminiscent of classical religious art.

“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies”

(1 Corinthians 6:19, 20).

## INTRODUCTION TO THE STORY

# Healthy Lifestyle



How are our bodies a temple for the Holy Spirit?  
How can you honor God with the choices you make about your physical health?


## INTRODUCTION TO THE STORY

# The Story



You may listen to a podcast recording of the story:  
[www.juniorpowerpoints.org](http://www.juniorpowerpoints.org)

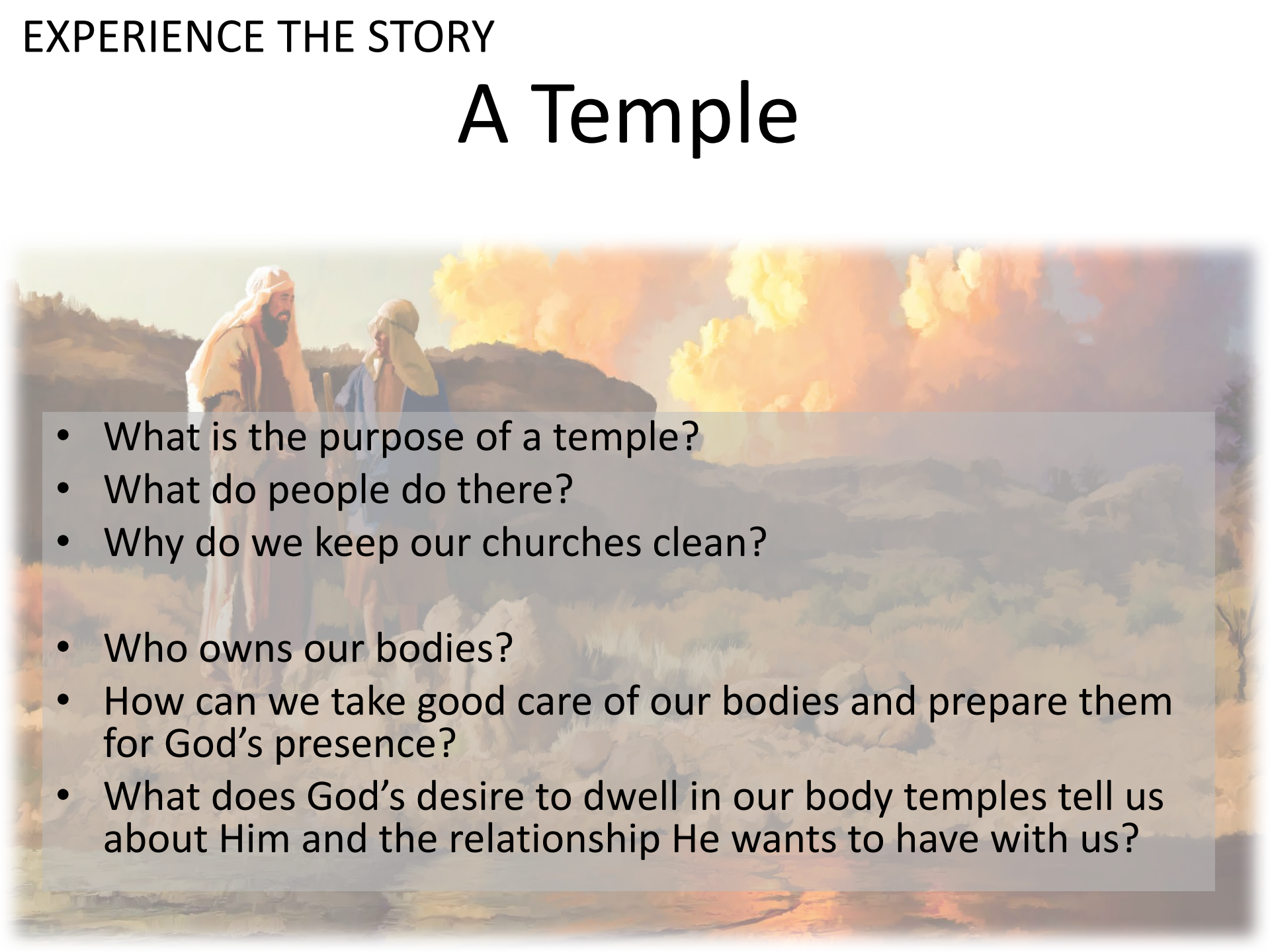
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We respond to God's love when we dedicate ourselves entirely to Him.

EXPERIENCE THE STORY

# A Temple

- 
- What is the purpose of a temple?
  - What do people do there?
  - Why do we keep our churches clean?
  - Who owns our bodies?
  - How can we take good care of our bodies and prepare them for God's presence?
  - What does God's desire to dwell in our body temples tell us about Him and the relationship He wants to have with us?

# Healthy Bodies



Read and discuss the following texts:

1 Corinthians 3:16, 6:19, 20

2 Corinthians 6:16, 17

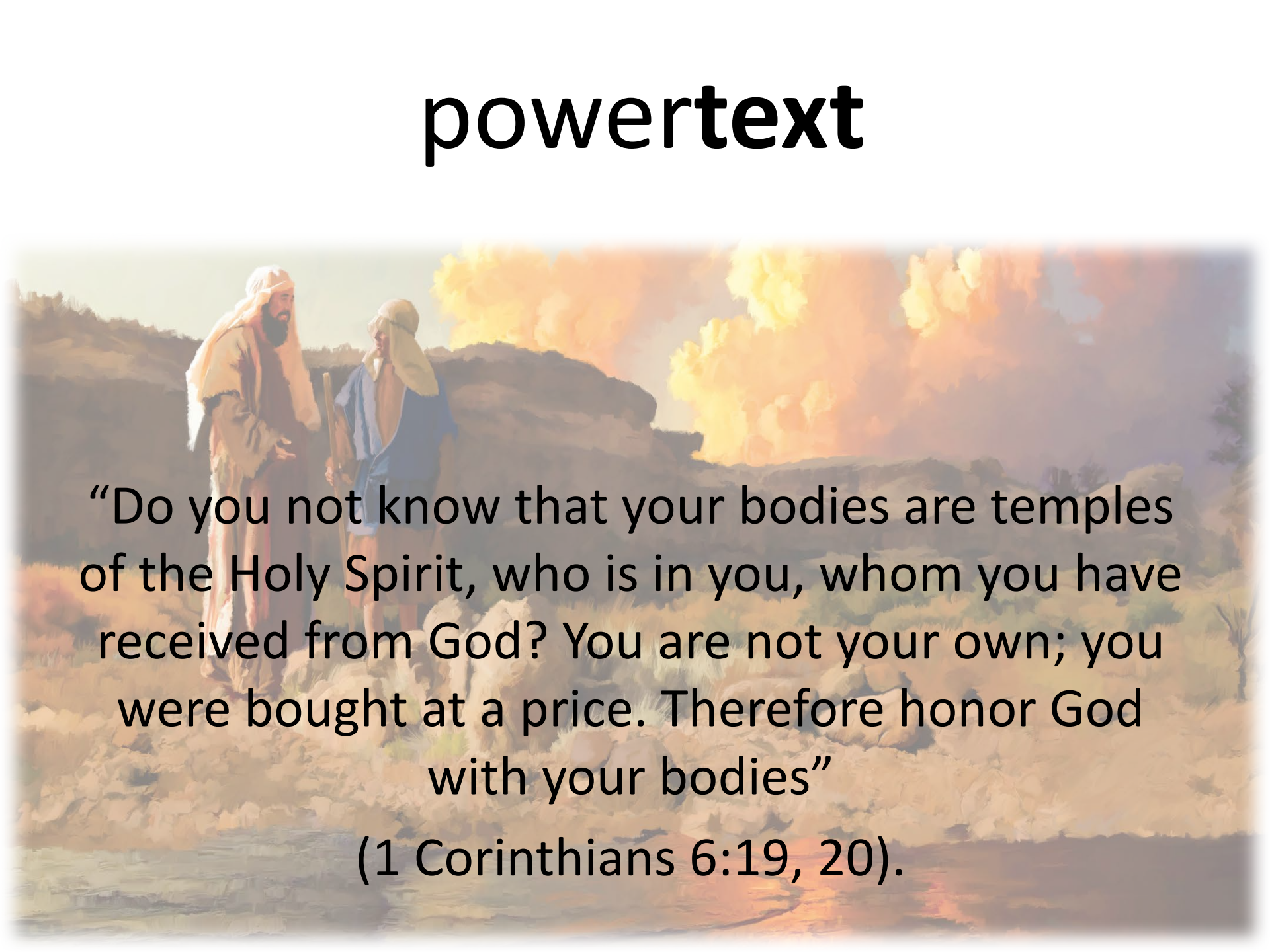
Ephesians 2:21, 22

1 Thessalonians 5:23, 24

- What did you learn from these passages?



# powertext

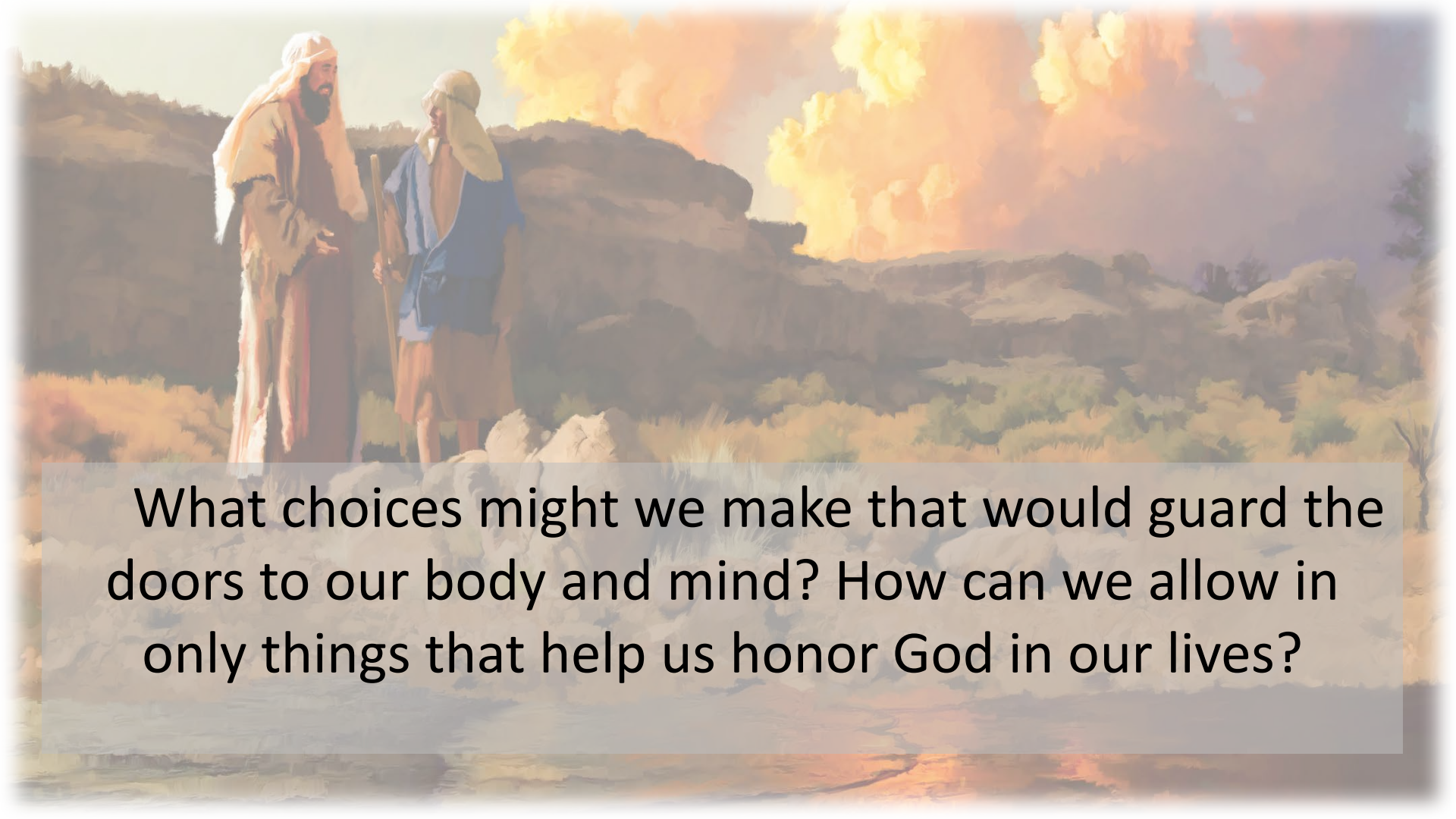
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“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies”

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APPLY THE LESSON

# The Body Temple

A painting depicting two men in ancient, biblical-style clothing standing in a desert landscape. The man on the left is taller, with a long beard and a white head covering, wearing a brown robe with a white shawl. The man on the right is shorter, wearing a blue tunic and a white head covering, holding a wooden staff. They are standing on a rocky outcrop. The background shows rolling hills and a dramatic sky with large, billowing clouds in shades of orange, yellow, and blue, suggesting a sunset or sunrise. The overall scene is rendered in a classical, painterly style.

What choices might we make that would guard the doors to our body and mind? How can we allow in only things that help us honor God in our lives?

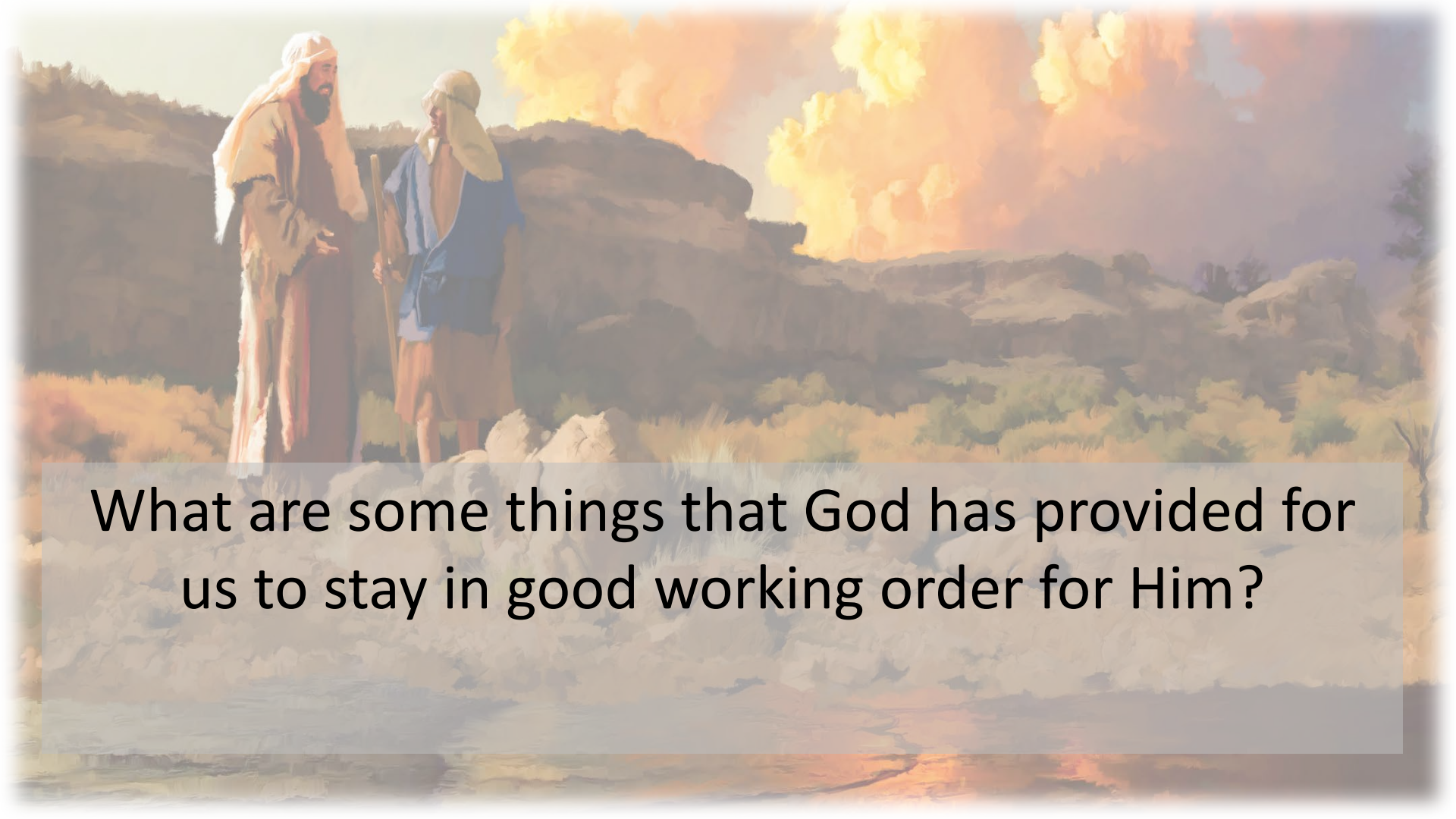
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SHARE THE LESSON

# Temple Maintenance

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What are some things that God has provided for us to stay in good working order for Him?

# Coming Up Next Week

“From Prophet to Prisoner”

- John doubts Jesus is the Messiah.
- Study your Sabbath School lesson each day
- Complete the daily activities
- Memorize the Power Text

# Closing Prayer



*Dear Jesus,*

*Thank You for giving us the ability to keep our bodies and minds for You. Help us to honor you daily with our physical health and strength, and to worship you with our whole heart, and mind.*

*Amen.*